

Rochester Spring Classic Duathlon - SuperSprint
Saturday, May 17th, 2008 in Mendon Ponds Park, Rochester, NY
Timed & Produced by YellowJacket Racing
Total Finishers 107 (Male - 59, Female - 48)

Pos	Bib	Fullname	Gender	M/F Place	Class	Age	City	Run1Tm	T1Tm	Bike1Tm	T2Tm	Run3Tm	TotalTm
Overall SS Male													
1	70	Marcus Gage	M	1	Overall SS Male	37	W. Henrietta	0:11:30	00:50	0:28:27	00:36	0:06:00	0:47:22
Overall SS Female													
1	18	Wellesley Blaxall	F	1	Overall SS Female	37	Pittsford	0:15:10	00:54	0:32:38	00:48	0:08:01	0:57:31
SSF19UNDER													
1	179	Lindsey Schlegel	F	48	SSF19UNDER	19	Lancaster	0:17:27	01:23	1:27:09	00:54	0:20:36	2:07:29
SSF20-24													
1	106	Brittany McDevitt	F	12	SSF20-24	20	Mendon	0:17:45	01:03	0:38:16	00:40	0:11:01	1:08:45
SSF25-29													
1	190	Maureen Condon	F	6	SSF25-29	27	Rochester	0:17:06	01:22	0:38:56	01:14	0:08:29	1:07:07
2	146	Carrie Strathearn	F	35	SSF25-29	26	Wyoming	0:20:06	00:59	0:50:06	01:04	0:11:21	1:23:36
3	192	Kelly McNelis	F	45	SSF25-29	26	Rochester	0:18:54	01:25	0:55:09	01:03	0:10:06	1:26:38
SSF30-34													
1	162	Candide Werkmeister	F	2	SSF30-34	33	Victor	0:16:30	01:02	0:36:55	00:42	0:09:01	1:04:10
2	172	Kelly Zito	F	4	SSF30-34	30	Pittsford	0:17:10	00:48	0:38:01	00:39	0:08:35	1:05:14
3	171	Linda Zinsmeyer	F	5	SSF30-34	29	Pennellville	0:17:58	01:01	0:36:32	01:02	0:09:37	1:06:10
4	138	Erin Schneider	F	10	SSF30-34	30	Rochester	0:17:43	00:53	0:40:02	00:34	0:09:01	1:08:12
5	24	Melanie Bradley	F	21	SSF30-34	30	Rochester	0:20:09	00:42	0:42:18	00:30	0:10:18	1:13:57
6	4	Erika Asquino	F	36	SSF30-34	30	Honeoye	0:23:02	00:54	0:47:10	01:29	0:11:18	1:23:53
7	22	Christine Boev	F	38	SSF30-34	33	Fairport	0:20:49	01:34	0:47:40	01:43	0:13:20	1:25:06
8	132	Shawna Rizzi	F	39	SSF30-34	31	Rochester	0:22:21	02:05	0:47:33	01:23	0:12:00	1:25:22
9	13	Debra Benson	F	46	SSF30-34	33	Penfield	0:22:32	03:05	0:47:39	03:06	0:15:53	1:32:16
SSF35-39													
1	104	Amy Mauro	F	7	SSF35-39	39	Pittsford	0:19:10	00:56	0:36:49	01:00	0:09:39	1:07:35
2	92	Renee Kirk	F	9	SSF35-39	37	Bloomfield	0:18:21	00:39	0:38:31	00:42	0:09:23	1:07:35
3	51	Kelly Dumont	F	11	SSF35-39	39	Pittsford	0:19:19	01:03	0:36:38	00:56	0:10:21	1:08:19
4	114	Marcia Napolitano	F	13	SSF35-39	39	Webster	0:17:59	01:02	0:40:31	00:42	0:08:47	1:09:03
5	160	Courtney Warren	F	14	SSF35-39	37	Waverly	0:18:52	00:55	0:39:30	00:51	0:09:49	1:09:58
6	34	Tricia Cicero	F	17	SSF35-39	37	Fairport	0:18:22	00:54	0:42:55	00:39	0:09:33	1:12:23
7	23	Tonia Borrosch	F	22	SSF35-39	37	Honeoye Falls	0:20:35	01:07	0:40:11	01:06	0:11:11	1:14:09
8	6	Heidi Austin	F	24	SSF35-39	38	LeRoy	0:19:11	01:02	0:44:19	00:39	0:09:16	1:14:28
9	174	Romy Barbato	F	32	SSF35-39	34	Victor	0:18:43	02:52	0:47:35	02:14	0:08:24	1:19:48
10	204	Jen Newman	F	33	SSF35-39	37	Pittsford	0:18:43	02:48	0:47:36	02:16	0:08:26	1:19:48
SSF40-44													
1	110	Jeanne Mogauro	F	3	SSF40-44	41	Pittsford	0:18:18	01:22	0:35:22	00:52	0:08:56	1:04:50
2	46	Ellen Dockum	F	16	SSF40-44	43	Fairport	0:18:23	00:54	0:42:57	00:39	0:09:31	1:12:23
3	158	Angela Wallace	F	23	SSF40-44	40	Rochester	0:20:45	01:59	0:38:59	01:13	0:11:22	1:14:19
4	139	Geri Sehnert	F	29	SSF40-44	42	Fairport	0:18:20	01:16	0:48:34	00:58	0:09:06	1:18:14
5	101	Nicole Marro	F	30	SSF40-44	40	Victor	0:20:04	02:56	0:44:35	01:00	0:10:13	1:18:48
6	87	Marie Kamp	F	31	SSF40-44	40	Fairport	0:23:03	00:42	0:42:52	00:54	0:11:52	1:19:23
7	74	Christine Giess	F	34	SSF40-44	39	Victor	0:17:15	00:47	0:52:04	01:10	0:09:42	1:20:59

8	76 Kathryn Harrison	F	37	SSF40-44	41	Pittsford	0:22:47	02:21	0:45:07	01:49	0:12:07	1:24:12
9	197 Theresa DeRycke	F	41	SSF40-44	44	Victor	0:23:06	01:10	0:47:30	00:51	0:12:58	1:25:34
10	145 Robin Stonebraker	F	42	SSF40-44	41	Farmington	0:20:03	03:02	0:50:43	01:00	0:10:56	1:25:45
11	27 Donna Burke	F	47	SSF40-44	40	Henrietta	0:24:01	01:28	0:57:00	01:14	0:13:50	1:37:32
SSF45-49												
1	11 Julie Barnes	F	8	SSF45-49	44	Honeoye Falls	0:18:22	01:33	0:36:23	01:57	0:09:19	1:07:35
2	58 Mary-jo Farrell	F	15	SSF45-49	48	Pittsford	0:19:56	01:14	0:39:47	00:47	0:09:54	1:11:38
3	181 Judy Kerpelman	F	19	SSF45-49	47	Rochester	0:19:34	01:24	0:40:16	00:51	0:10:34	1:12:39
4	9 Cathy Bambury	F	20	SSF45-49	47	Fairport	0:18:46	01:46	0:39:58	01:48	0:10:31	1:12:48
5	49 Connie Douthit	F	25	SSF45-49	47	Fairport	0:23:02	01:07	0:40:08	00:40	0:10:38	1:15:36
6	112 Krista Motsinger	F	26	SSF45-49	44	Pittsford	0:18:42	00:50	0:46:01	00:46	0:09:54	1:16:13
7	12 Gretchen Bartosch	F	27	SSF45-49	45	Pittsford	0:20:43	01:34	0:42:05	00:49	0:11:04	1:16:14
8	66 Lauren Frank	F	43	SSF45-49	46	Ontario	0:22:51	01:07	0:49:43	01:01	0:11:19	1:26:00
9	147 Lynn Sullivan	F	44	SSF45-49	46	E. Rochester	0:21:50	01:21	0:49:44	00:49	0:12:35	1:26:19
SSF50-54												
1	205 Linoa Pringle	F	28	SSF50-54	50	Webster	0:19:31	00:59	0:43:14	00:57	0:12:06	1:16:47
2	57 Karen Emmerling	F	40	SSF50-54	54	Livonia	0:23:09	00:53	0:47:39	00:56	0:12:58	1:25:34
SSF65-69												
60	93 Carolyn Kriesen	F	18	SSF65-69	64	Webster	0:19:08	00:39	0:40:55	01:03	0:10:45	1:12:30
SSM19UNDER												
1	25 Brian Brodine	M	8	SSM19UNDER	18	Rochester	0:14:51	00:29	0:29:40	00:24	0:06:33	0:51:57
2	151 Matthew Tarduno	M	19	SSM19UNDER	14	Rochester	0:13:55	01:10	0:35:46	00:49	0:08:15	0:59:55
3	140 Jake Sehnert	M	49	SSM19UNDER	11	Fairport	0:18:20	01:13	0:48:34	01:02	0:09:05	1:18:14
4	84 Max Iovoli	M	53	SSM19UNDER	13	Victor	0:17:50	01:34	0:49:58	01:13	0:08:55	1:19:30
SSM20-24												
1	44 Glenn Diller	M	4	SSM20-24	21	Rochester	0:11:37	00:52	0:29:22	00:51	0:05:53	0:48:35
SSM25-29												
1	173 Nicholas Zito	M	5	SSM25-29	28	Pittsford	0:13:55	00:23	0:27:25	00:25	0:07:13	0:49:21
2	203 Martin Avica	M	15	SSM25-29	27	Canandaigua	0:14:45	00:45	0:32:47	00:42	0:08:19	0:57:17
3	122 Jonathan Owen	M	26	SSM25-29	25	Rochester	0:16:30	01:04	0:35:44	00:54	0:08:15	1:02:26
4	103 Nate Matthews	M	28	SSM25-29	27	Rochester	0:14:34	00:35	0:40:58	00:30	0:07:42	1:04:20
5	193 Andrew McNelis	M	34	SSM25-29	26	Rochester	0:15:53	00:40	0:42:46	00:33	0:07:48	1:07:40
6	208 Chris Strathearn	M	56	SSM25-29	29	Wyoming	0:19:15	01:37	0:49:32	01:02	0:11:23	1:22:49
SSM30-34												
1	195 Tristan Burton	M	10	SSM30-34	31	Rochester	0:14:13	00:39	0:31:05	00:35	0:07:36	0:54:08
2	43 Loren DeVries	M	22	SSM30-34	29	Rochester	0:16:10	01:00	0:33:59	01:12	0:09:13	1:01:33
3	131 Anthony Rizzi	M	33	SSM30-34	31	Rochester	0:19:43	01:10	0:35:59	00:54	0:09:44	1:07:31
4	124 Mark Page	M	44	SSM30-34	32	Orchard Park	0:19:28	00:59	0:41:28	00:27	0:10:33	1:12:54
5	21 Angel Boev	M	54	SSM30-34	32	Fairport	0:18:13	01:07	0:49:54	01:08	0:11:49	1:22:11
SSM35-39												
1	105 Douglas Mauro	M	3	SSM35-39	35	Pittsford	0:13:13	00:27	0:27:22	00:30	0:06:58	0:48:29
2	17 Burns Blaxall	M	6	SSM35-39	39	Pittsford	0:13:54	00:50	0:29:00	00:39	0:07:28	0:51:51
3	59 Ricardo Figueroa	M	11	SSM35-39	35	Macedon	0:14:06	00:44	0:31:19	00:38	0:07:27	0:54:13
4	166 Daniel Yawman	M	14	SSM35-39	36	Rochester	0:15:29	00:52	0:31:31	01:09	0:08:03	0:57:04
5	163 Joe Williams	M	20	SSM35-39	35	Penn Yan	0:15:19	00:32	0:36:08	00:25	0:08:06	1:00:30

6	82 Aaron Hunt	M	27	SSM35-39	35 Rochester	0:15:16	00:57	0:38:05	00:41	0:07:38	1:02:37
7	31 Tony Castelluzzo	M	29	SSM35-39	35 Henrietta	0:17:36	01:18	0:35:29	00:54	0:09:17	1:04:33
8	91 Paul Kessler	M	35	SSM35-39	37 Pittsford	0:15:32	01:17	0:41:49	00:56	0:08:26	1:08:00
9	137 Doug Schneider	M	37	SSM35-39	34 Rochester	0:18:16	00:37	0:40:44	00:25	0:09:06	1:09:07
10	29 Jason Campbell	M	42	SSM35-39	37 Farmington	0:19:49	01:00	0:39:06	00:50	0:10:47	1:11:32
11	16 Brad Birmingham	M	50	SSM35-39	36 East Aurora	0:23:16	00:57	0:41:43	00:37	0:12:25	1:18:59
12	30 Darren Canova	M	51	SSM35-39	36 Syracuse	0:21:04	00:41	0:45:20	00:45	0:11:14	1:19:05
13	14 Paul Benson	M	59	SSM35-39	38 Penfield	0:22:32	03:04	0:47:42	03:05	0:15:53	1:32:16
SSM40-44											
1	42 Gary Denton	M	7	SSM40-44	42 Honeoye Falls	0:14:09	00:29	0:28:36	00:30	0:08:08	0:51:51
2	15 Marc Bigsby	M	9	SSM40-44	40 Rochester	0:14:37	00:42	0:29:42	00:33	0:07:44	0:53:18
3	157 Steven Wagner	M	12	SSM40-44	40 Munnsville	0:13:58	01:07	0:31:17	00:53	0:07:40	0:54:54
4	38 Ronald Crandall	M	13	SSM40-44	40 Rochester	0:13:24	01:06	0:31:12	00:18	0:07:59	0:54:59
5	64 Michael Follan	M	24	SSM40-44	44 Rochester	0:17:08	01:22	0:32:54	01:38	0:08:46	1:01:48
6	186 Michael Callan	M	31	SSM40-44	44 Spencerport	0:16:33	00:57	0:40:35	00:48	0:08:01	1:06:54
7	115 Kevin Nasca	M	39	SSM40-44	42 Rochester	0:18:01	01:16	0:40:11	01:28	0:09:33	1:10:30
8	113 Casey Murphy	M	40	SSM40-44	41 East Rochester	0:18:55	01:30	0:38:49	01:01	0:10:29	1:10:44
9	189 Lou Iovoli	M	52	SSM40-44	Victor	0:17:48	01:35	0:49:58	01:13	0:08:54	1:19:29
SSM45-49											
1	154 Dominic Tocco	M	2	SSM45-49	46 Waterford	0:12:44	00:31	0:27:13	00:31	0:06:55	0:47:55
2	126 Douglas Prindle	M	16	SSM45-49	48 Fairport	0:16:18	00:55	0:31:13	00:59	0:08:19	0:57:44
3	196 Keith Moss	M	18	SSM45-49	49 Rochester	0:14:42	00:43	0:35:06	00:38	0:07:50	0:58:59
4	209 Joe Crispino	M	25	SSM45-49	45 Fairport	0:18:07	01:12	0:32:39	00:58	0:09:03	1:01:59
5	107 Dave McDevitt	M	36	SSM45-49	48 Mendon	0:17:45	01:03	0:39:48	00:34	0:09:35	1:08:45
6	68 Mike Friedler	M	41	SSM45-49	47 Ontario	0:20:08	00:35	0:38:50	00:43	0:11:15	1:11:30
7	136 Ted Ryan	M	46	SSM45-49	45 Pittsford	0:19:01	00:50	0:43:21	00:47	0:10:35	1:14:33
8	198 Michael Hanly	M	48	SSM45-49	48 Rochester	0:21:29	01:52	0:41:09	01:06	0:11:38	1:17:14
9	95 Paul Lavigne	M	57	SSM45-49	46 Rochester	0:21:37	02:07	0:45:05	01:08	0:12:54	1:22:51
SSM50-54											
1	206 Barry Beck	M	32	SSM50-54	51 Rochester	0:17:55	01:39	0:37:28	01:08	0:09:03	1:07:12
2	48 Marty Douglas	M	38	SSM50-54	54 Lima	0:17:47	01:00	0:39:41	01:08	0:10:31	1:10:07
3	152 Lawrence Tarnacki	M	55	SSM50-54	54 Alden	0:24:40	01:28	0:41:29	01:37	0:13:08	1:22:22
SSM55-59											
1	69 Douglas Fyffe	M	17	SSM55-59	57 Canandaigua	0:16:59	00:33	0:31:36	00:32	0:09:02	0:58:42
2	121 George Orosz	M	21	SSM55-59	54 Fairport	0:16:27	00:31	0:33:55	00:37	0:09:03	1:00:33
3	39 Bill Crowe	M	23	SSM55-59	58 Rochester	0:16:44	00:40	0:35:18	00:30	0:08:22	1:01:35
4	75 Steve Gilden	M	30	SSM55-59	58 Rochester	0:17:28	02:25	0:34:33	02:17	0:08:49	1:05:32
5	116 Michael Nelson	M	45	SSM55-59	56 Teaneck	0:20:37	01:37	0:38:05	01:45	0:11:58	1:14:03
6	170 Robert Zeman	M	47	SSM55-59	57 Williamson	0:19:33	00:48	0:43:52	00:38	0:11:05	1:15:56
SSM60-64											
1	153 Joseph Testa	M	43	SSM60-64	61 Canandaigua	0:19:58	00:39	0:41:39	00:36	0:09:52	1:12:44
SSM65-69											
1	199 Robert Friedline	M	58	SSM65-69	66 E. Amherst	0:20:42	01:09	0:51:29	01:15	0:10:34	1:25:09